

Thermal Spa Enjoyment Times TWO



Bad Kleinkirchheim, Winter 2022

The healing effect of "real" thermal water makes Bad Kleinkirchheim a unique destination for those seeking relaxation. What also makes Bad Kleinkirchheim unique: it has two thermal spas!

While Family & Health Spa St. Kathrein scores with the largest water surface of all Carinthian spas, the spacious sauna area in the Thermal Römerbad invites you to relax.

The Bad Kleinkirchheim thermal water finds its way to the surface in the crypt below the little church of St. Kathrein. Rich in minerals such as calcium, magnesium, sodium and potassium, it relieves rheumatic complaints, has an anti-inflammatory effect and strengthens the immune system, to name just a few of the healing properties attributed to this thermal water. The 34°C warm water aligns body, mind and soul. Wellness worshippers experience "Thermal Spa Enjoyment Times TWO" and true Sunshine Moments in Bad Kleinkirchheim. There are two thermal baths within close proximity, which is something that cannot be found anywhere else in Austria. Despite being located so close to one another, the two thermal spas are very different in what they offer. With such variety, an exciting wellness experience is guaranteed.

Alpine wellness at Thermal Römerbad

An impressive sauna and wellness area extends over 12,000 square metres and 3 levels. The lowest level "Romanum" provides unmistakable Roman flair with its clear shapes and precious materials. The "Noricum", the second level, brings the nature of the gentle Nockberge mountains into the spa landscape in the form of tree trunks and a soothing herbal scent. The third level "Maximum" delights with a comprehensive range of saunas and breathtaking views of the surrounding mountains.

Fun in the water and well-being at Family & Health Spa St. Kathrein

Children and parents are equally well catered for at Family & Health Spa St. Kathrein. At 1,200 square metres, this is the largest water area of all Carinthian spas, and its 86 metre long slide is one of the longest in the province. So it's no wonder that visitors of all ages are delighted with what they find! Downtime is taken care of here too: whether in the wellness pool with panoramic views, the stone pine relaxation room with sun terrace or the varied sauna area – this is a place for body, mind and soul to relax. To round it all off, there is the free programme promoting beneficial activity. From aqua fitness to meditation sessions, there is something for everyone.

nock/MED – the health centre

The nock/MED health centre, under the direction of spa and sports physician Dr. Eckart Waidmann, is directly integrated into Family & Health Spa St. Kathrein. Having been completely refurbished and adapted in line with the latest health sector guidelines, the main focus is on prevention here. A professionally trained team is dedicated to preventive treatment for the young and young at heart. Massages, wraps and physiotherapy sessions can be booked to meet your individual needs.

And another tip:

Carinthia's first bathhouse is just a 30-minute drive from Bad Kleinkirchheim on the shores of Lake Millstätter See. It's a unique place for wellness by the lake, where you can enjoy a relaxing sauna infusion and then dive straight into the lake.

Media contact:

Nicole Kari

Press and public relations

Millstätter See - Bad Kleinkirchheim - Nockberge

Tourismusmanagement GmbH

Kaiser-Franz-Josef-Straße 49 | AT - 9872 Millstatt am See

T: +43-664-181 79 22 E: presse@mbn-tourismus.at

millstaettersee.com | badkleinkirchheim.at | nockberge.at