

Double the Sunshine Moments for those who love to spa: Discover what makes Bad Kleinkirchheim so unique

In Bad Kleinkirchheim you can quite literally dive into the gentle alpine world of the Nockberge. The region does not just amaze with its combination of mountains and lakes, but Bad Kleinkirchheim is also home to two thermal spas.

Alpine wellness in the Thermal Römerbad

Those seeking tranquility will find their Sunshine Moment here. An impressive sauna and wellness landscape spans 12,000 square metres across three levels. The "Romanum" on the lowest floor offers plenty of Roman flair with its clear lines and luxurious materials. On the second floor, the "Noricum" uses pine wood and aromatic herbs to bring a touch of the Nockberge into the building. The "Maximum" on the third level delights spa enthusiasts with its extensive choice of saunas and breathtaking views of the surrounding mountain world. Guests can also recharge their batteries at the various workshops, which are included in spa and sauna admissions.

Wellness and fun at the Family & Health Spa St. Kathrein

The Family & Health Spa St. Kathrein most certainly offers double the Sunshine Moments. At 1,200 square metres, you'll find the largest pool area of all Carinthian spas here, as well as an 86 m long slide – one of the longest in the province. So it should come as no surprise that both young and old keep coming back for more! There's room for relaxation here too, be it in the wellness pool against a panoramic backdrop, the pine relaxation room with its sun terrace or the extensive sauna landscape. Body, mind and soul can breathe a sigh of relief. The complimentary Active Programme offers a range of beneficial activities, such as hot rhythms at Aqua Fitness or Zumba on Thursdays and chilled reflection at Yoga and meditation sessions on Fridays and Saturdays.

nock/MED – the health centre

The nock/MED health centre is integrated within the Family & Health Spa St. Kathrein, led by spa and sports physician Dr. Eckart Waidmann. Completely refurbished and adapted in line with the latest health sector guidelines in 2017, the focus is on prevention here. A professionally trained team is dedicated to preventive treatment for the young and young at heart. Massages, wraps and physiotherapy sessions can be booked to meet individual needs.

Characters: 2.327 incl. space characters

Information and booking:

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